



Silverwood Park

Alyssa Baguss, Silverwood Park Supervisor

Three Rivers
PARK DISTRICT

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**Saturday, September 13th, 2025
12-4PM**

Silverwood's 16th annual art and nature festival, featuring:

- Live music from local bands **Paper Chain** and ***Splash!***
- Local artist market in partnership with **Minneapolis Craft Market**
- Food trucks
- Games, artmaking and nature activities for the whole family!

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Sarah Nguyen

No Mud, No Lotus

September 1 through 30, 2025

Opening Reception: Thursday,
September 11 from 6 – 8 pm



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Small Universes Everywhere

Kristin Maija Peterson

August 14 through September 30, 2025

Opening Reception: Thursday, September
11 from 6 – 8 pm



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Over 600 people in attendance!

THE BIG PICNIC
July 30th
In partnership with SAV Community Services

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Wilshire Park Elementary Afterschool Series
Art and Ecology Club
Tuesdays, 3:50-5 PM
September 16 to December 16

- **12-week afterschool series each trimester**
- **Grades 2-5**
- **Hands-on art and nature exploration**
- **Led by an artist and a naturalist from Silverwood**

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Introducing:
The Great Sculpture Costume Crawl!

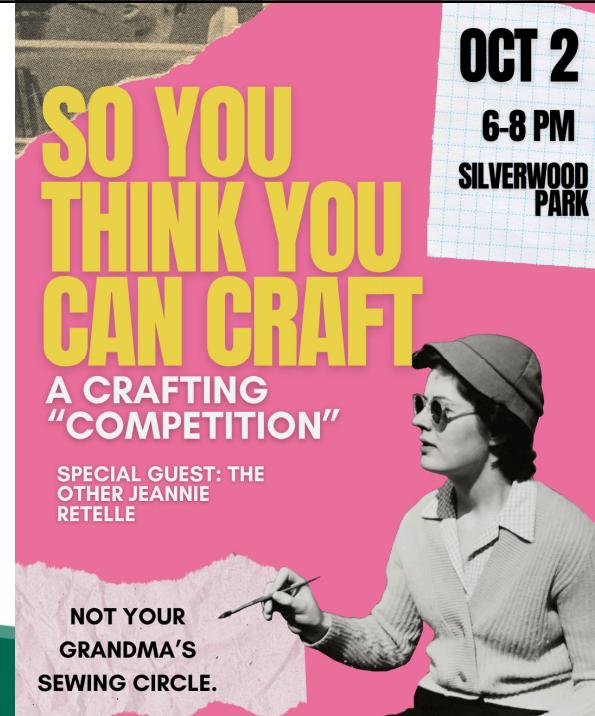
Saturday,
 November 1st
 1-3PM

Visit costumed sculptures
 in your costume and
 collect fun prizes!

Free, all ages

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- **In partnership with Crafty Queers Club**
- **Classic supplies provided:** yarn, popsicle sticks, glue, *plus one surprise material* to be revealed at the event!
- **Work alone or with a team!**
- **Free, Ages 14+**



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Ongoing Wellness Programs at Silverwood Park:

Weekly Sunset Yoga Every Tuesday, 6-7:15PM	SPARK! For Individuals Living with Memory Loss and Their Care Partners Every second Thursday 10-11:30AM	Mindful Creations with NAMI Minnesota Every second Wednesday 1-3PM
Monthly Gentle Yoga Flow Mondays, 6:30-7:30PM 9/15, 10/20, and 11/17 Ages 14+ \$12 per session, drop-ins and all abilities welcome	All ages Free, registration recommended	Ages 18+ Free, registration recommended (sign up through www.namimn.org)



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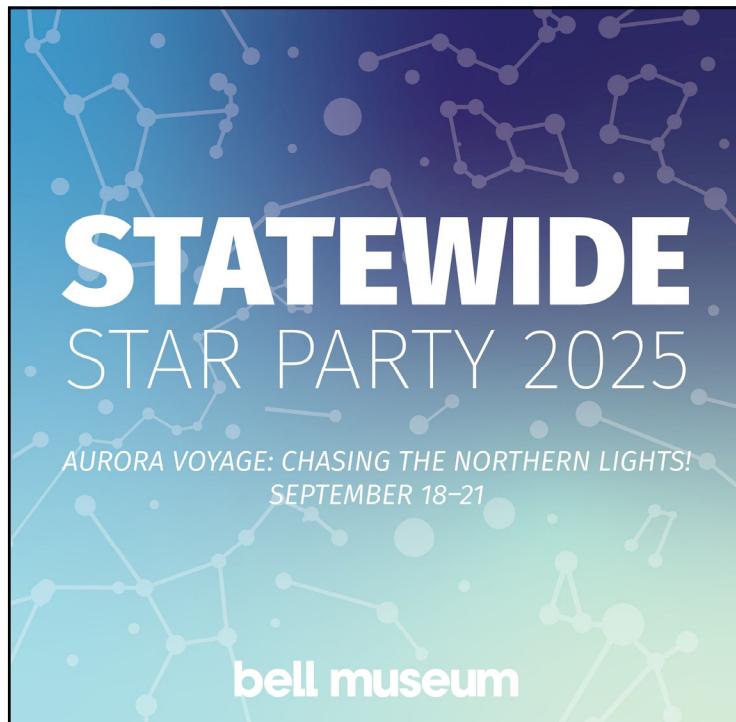
Fall Sound Meditation with Waking Nomad

Sunday, October 19th
9:30-11:30AM

- Cultivate awareness using sound as a tool for going inward.
- Guided breathwork to release tension and reset the nervous system.
- Ages 14+, \$30 per participant.



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Silverwood Park returns
as a host site for the Bell
Museum's **Statewide
Star Party 2025!**

Join us here in the park:

Thursday,
September 18th
6:30-8:30PM

Free, all ages

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SILVERWOOD PARK CAFÉ 9 am – 5 pm

Winter Hours Building Hours 9 am – 5 pm



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Silverwood Rental Facilities

*Book your special event in 2026.
Fridays and Sundays Available
Summer-Fall!*

*Every first Monday of the month:
5-7 PM, **Rental Open House***

For up-to-date calendars and
rental information, contact
silverwoodevents@threeriversparks.org



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